

Character Education

November/December 2013

Kindness

Define & Discuss Kindness

- a. Being considerate and courteous
- b. Being helpful and understanding of others
- c. Showing care, compassion, friendship & generosity.
- d. Treating others how you would like to be treated

Literature Suggestions

Choose a book to read aloud and discuss.

1. "The Giving Tree" by Shel Silverstein
2. "The Rainbow Fish" by Mark Pfister
3. "The Little Princess" by Francis Hodgson Burnett
4. "The Selfish Giant" by Oscar Wilde
5. "Pierre" by Maurice Sendack

Activities

Make a beaded bracelet. *Bring in pony beads & pipe cleaner. Have students make a bracelet and then give as a gift to someone else. (The teacher may suggest who receives the gift...a classmate, a reading buddy, someone at home.)*

Discuss how it feels good to do something nice for someone. Create a "Cheer Card" For someone having a difficult time, or choose a nursing home or soldier group to send them to.

"Kindness Brings Sunshine"/Suns Rays

"Making Others Feel Good" worksheet

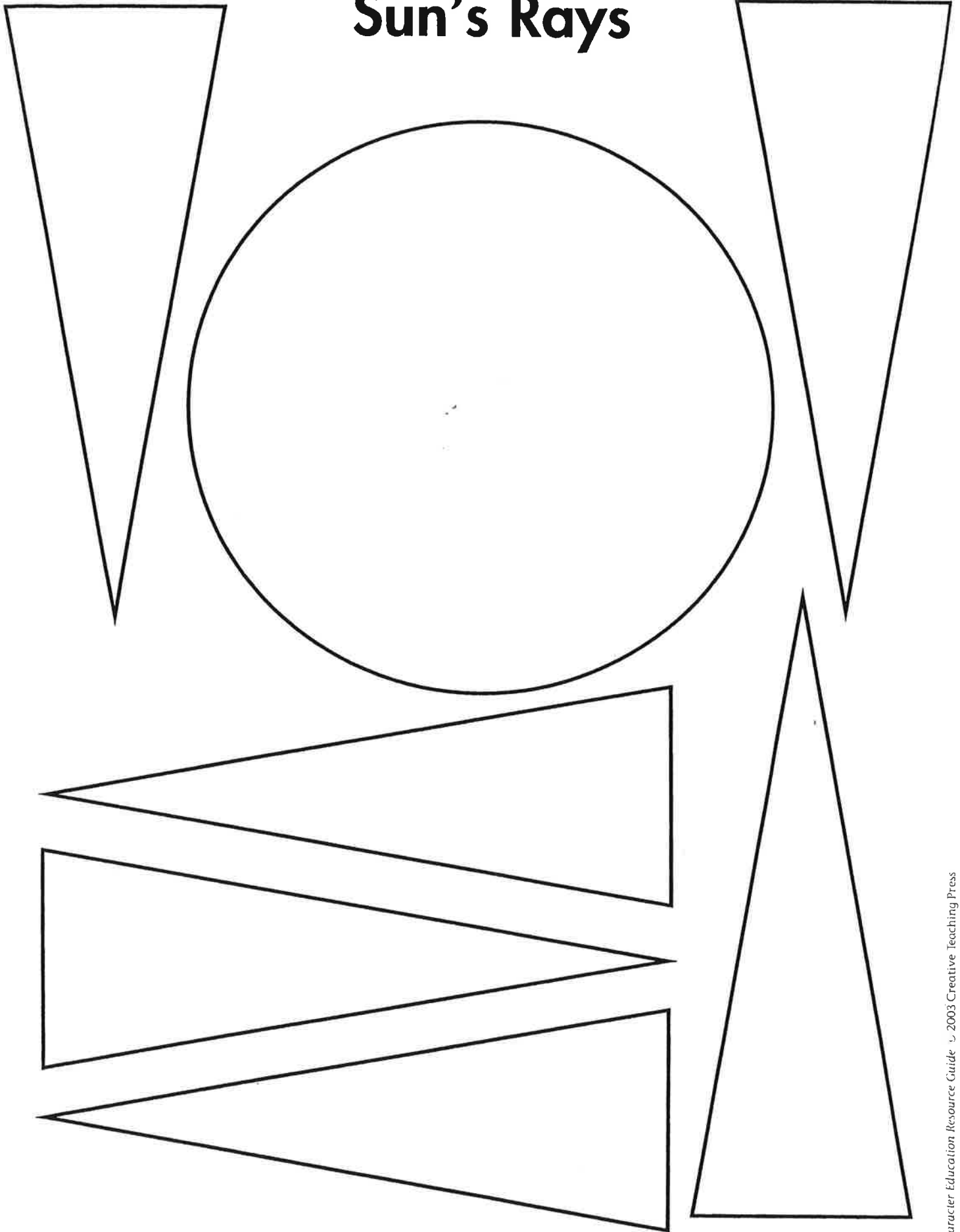
Closing

Kindness Brings Sunshine

Reproduce the Sun's Rays page included in this lesson. You will need one for each child. Have the child draw a picture of themselves or write their name in the center of the sun. For each of the rays have the children draw a picture or write a description of a way that they can show kindness to others. Cut out and paste the sun together.

Before having the students begin the activity, it might be helpful to brainstorm many different ways to show kindness.

Sun's Rays



MAKING OTHERS FEEL GOOD

Name _____

Date _____

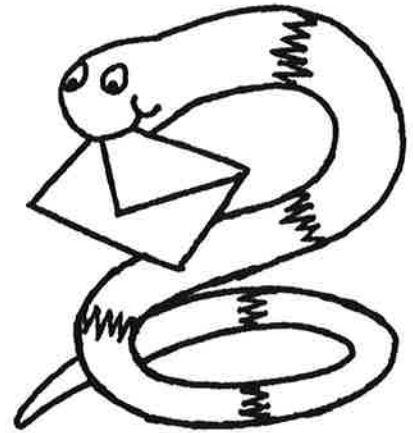
Share something good.



Offer to help.



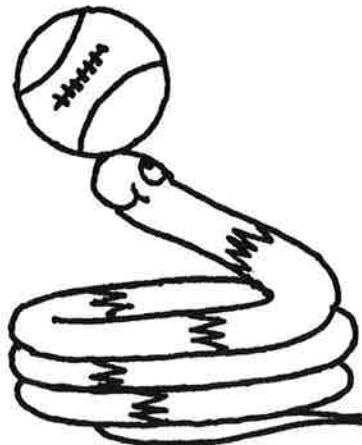
Send a nice note.



Say something nice.



Invite someone to play.



Make a cheerful call.



Write some other ways to make people feel good:
